



# St Joseph's Primary School – Term 1 – Summer 2017



**Eat Fresh: Healthy Body, Healthy Mind!**

## Every Day Hot Food

Chicken Nuggets	each \$0.70
Chicken Nuggets	6 for \$4.00
Party Pie	\$1.00
Corn on the Cob	\$1.00
Hash Browns (3)	\$1.50
Garlic Bread	\$2.00
Sausage Roll	\$3.00
Hot Dog with Sauce	\$3.00
Chicken Fingers (6)	\$3.50
Pancakes (2)	\$3.50
Traveller Pie	\$3.50

## Burgers

Chicken Burger	\$4.00
Beef Burger	\$4.00
Veggie Burger	\$4.00
Add cheese to any burger for	\$0.50
All Burgers include salad	

## Wraps

Salsa Wrap	\$4.50
Chicken Caesar Wrap	\$4.50
Sweet Chilli Chicken Wrap	\$4.50
Nemo Wrap	\$4.50
Lamb Kebab Wrap	\$4.50

## Pasta & Rice (Homemade)

Butter Chicken & Rice	\$4.00
Pasta Bolognese	\$4.00
Lasagne	\$4.00
Fried Rice & Chicken Wings (2)	\$5.00

## Sushi Roll

(Available Tues, Wed, Thur)	
Chicken & Cucumber	\$3.50
Chicken Teriyaki	
Tuna & Cucumber	

## Sandwiches

AVAILABLE IN WHITE OR MULTIGRAIN WRAP OR ROLL ADD 0.50c TO SANDWICH PRICE

Vegemite, Jam, Devon	\$2.00
Tomato, Cheese	\$2.50
Tuna or Egg	\$3.00
Leg Ham, Chicken or Salmon	\$3.50
Salad Sandwich	\$3.50
Lettuce Tomato, Cucumber, Beetroot & Carrot	
Salad with Devon or Cheese	\$3.90
Salad with Tuna or Ham	\$4.20
Salad with Chicken or Salmon	\$4.50
EXTRAS – Including Toasting	\$0.40

## Salad

	Bowl	Box
Fresh Fruit Salad	\$2.50	\$4.00
Garden Salad	\$3.00	\$4.00
With Ham or Tuna	\$3.50	\$4.50
With Salmon or Chicken	\$4.00	\$5.00
Chicken Caesar Salad	\$4.50	\$5.50
Pasta Salad	\$3.00	\$4.00

## Canteen Benko Box

1/2 Sandwich, Chicken Wing, Cheese and Crackers, Kiwi Fruit, Strawberries & 2 Mini Muffins	\$5.00
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## Pick & Mix Box (select 5 items)

2 bread triangles, chicken, ham, tuna, cucumber, cheese, tomato, egg, carrot, beetroot, orange wedge	\$4.00
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**Check with the Canteen for the current Meal Deals \$5.00**

## Snacks

Piece of Fruit	\$1.00
Cookies, Delights, Popcorn, Jumpy's	\$1.00
Assorted Chips	\$1.30
Gingerbread Man 97% Fat Free	\$1.60
Screw Top Yoghurt	\$2.00
Fruit Yoghurt Cup	\$2.00
Banana Bread—Slice	\$3.00

## Drinks

Juice - Poppers	\$1.60
Plain Milk 300ml	\$1.60
with Sippah Straw	\$2.20
Pop Top Juice	\$2.00
Bottled Water 600ml	\$2.00
Flavoured Milk Lite 300ml	\$2.30
Sparkling Water 500ml	\$2.50
Natural, Lime or Berry	
Iced Tea NO SUGAR 500ml	\$3.00
Sparkling Flavoured Water 600ml	\$3.00
Green Apple or Wild Raspberry	

## Ice Blocks

Zooper Dooper	\$0.80
Frozen Juice Cup/ Icy Mony	\$1.00
Vanilla Ice Cream Cup	\$1.20
Paddle Pop	\$1.60
Slushie Cup	\$2.00
Streets Paddle Pop Cup	\$2.20

**Visit the Canteen for ice block specials**

### PLEASE NOTE

- ◆ Recess orders are to be **PICKED UP FROM THE CANTEEN.**
- ◆ All **ICE CREAMS** ordered with lunch are given out when the **LUNCH BAG IS RETURNED TO THE CANTEEN.**

**Order Your Lunch Online**  
**Orders can be placed before 9:00am**  
[www.flexischools.com.au](http://www.flexischools.com.au)


