



St Joseph's Primary School Schofields



Term 3

Week 8

7 September 2016

THE WEEK AHEAD

Term 3

| | | | |
|--------|------|---------|---|
| Week 8 | Fri | 9 Sept | Whole School Assembly 1.30pm Year 4 |
| | Sun | 11 Sept | Parish Mass 10.30am |
| Week 9 | Mon | 12 Sept | BYOD Year 2 parents 6.30pm |
| | Mon | 12 Sept | Responsible Pet Talk Kinder — Year 2 |
| | Tues | 13 Sept | Year 1 Liturgy 11am / Year 2 Liturgy 12noon |
| | Wed | 14 Sept | Stage 3 Excursion Imax & Sydney Observatory |
| | Fri | 16 Sept | Stage 3 - Year 12 Graduation Mass 9am / Stage 2 Touch Gala Day |

This Weeks Newsletter

From the Principal

The Term Ahead

From the Assistant Principal

From The REC

Assembly Awards

FROM THE PRINCIPAL

Lk 6:20-26

Raising his eyes toward his disciples, Jesus said:
Blessed are you who are poor, for the Kingdom of God is yours.
Blessed are you who are now hungry, for you will be satisfied.
Blessed are you who are now weeping, for you will laugh.
Blessed are you when people hate you, and when they exclude and insult you, and denounce your name as evil on account of the Son of Man.
Rejoice and leap for joy on that day! Behold, your reward will be great in heaven. For their ancestors treated the prophets in the same way.
But woe to you who are rich, for you have received your consolation.
But woe to you who are filled now, for you will be hungry.
Woe to you who laugh now, for you will grieve and weep.
Woe to you when all speak well of you, for their ancestors treated the false prophets in this way.”

Blessed are you... Woe to you...

The Sermon on the Plain begins with a prophetic call- an invitation and warning to those listening to Jesus. The first part declares God's grace of blessing to those who identify with him. In contrast, unique to Luke's gospel, the woes show God's displeasure on those who oppose the blessing Jesus gives and who persecute his disciples as a result. God commits himself to his disciples in the present age and will bless them richly in the future. The four descriptions of the righteous- the poor, those who hunger now, those who weep now, and those hated because of the Son of Man- should not be seen as separate groups but as elements of one portrait describing those for whom God has compassion. The blessings of God's promised rule belong to such as these. The four woes- to the rich, those well fed now, those who laugh now, and those highly regarded- match and contrast with the four blessings, revealing Jesus' displeasure with people who are uncaring about those around them and who refuse to be sensitive to God. As with the blessings, the four descriptions are not distinct groups but four related descriptions of one kind of person, the prophetic woes are utterances of pity and pain for those who will face misfortune and judgment.



Source: 366 Days with the Lord 2016

Week 9 GOSPEL ACTION— Being merciful— Show forgiveness and acceptance of others.

Week 10 GOSPEL ACTION— Being merciful— Show mercy and compassion to others.

FROM THE PRINCIPAL

Dear Parents, Carers and Friends of St Joseph's,

The National Safe Schools Framework provides a description of what "A safe and supportive school" is: *In a safe and supportive school, the risk from all types of harm is minimised, diversity is valued and all members of the school community feel respected and included and can be confident that they will receive support in the face of any threats to their safety or wellbeing.*

Student safety and wellbeing are enhanced when students feel connected to their school, have positive and respectful relationships with their peers and teachers, feel confident about their social and emotional skills and satisfied with their learning experiences at school.

Safe and effective schools work in partnership with parents to reduce and manage bullying.

What Parents Can Do if their Child is Being Bullied

Listening and Understanding

If a parent thinks their child is being bullied, they can ask them directly about it or initiate a discussion about bullying at the school in general. Parents can talk about whether there are any students in their child's year level who bully others.

Parents should listen carefully to what their children have to say without interrupting.

Parents should show concern and support by letting their child know that they understand how distressing it is for them to be in this situation. It is important that children are reassured that it is normal for them to feel hurt, lonely, scared, angry and lost.

Parents can congratulate their child for having the courage to confide in them.

Parents can emphasise to their child that all students at school have the right to be treated with respect and be safe from bullying and abuse.

Comments such as '*what did you do that made them behave like that towards you?*' should be avoided.

Children should not be dismissed by making statements such as '*don't worry about it*' or '*lots of kids get bullied... it helps make you tough*'.

Most children who are bullied are worried about paybacks if they tell an adult. Parents should be clear that they are not prepared to keep this secret, but can reassure their child that they will handle the situation sensitively. Parents can tell their child that they will focus on solving the problem rather than trying to get anyone in trouble.

Good Advice and Support

Discussing the bullying with the child's teacher is usually an important step

in the process. However, in some situations parents can start with some good advice and support, and then monitor the outcomes.

Parents can ask questions such as '*what have you tried so far to stop the bullying*' and '*how well they think these actions have worked so far*'.

Parents should not encourage children to fight back, as it will probably increase the level and duration of the bullying, lead to the involvement of more students and result in injuries and repercussions.

At home, parents can help their child to develop these positive strategies:

- practise saying '*leave me alone*' and then calmly walking away.
- problem-solve ways to avoid people situations that might expose them to further bullying
- discuss ways in which they can make new friends.

Parents should encourage their child to continue to talk with them about all bullying incidents. They should also stay calm and focus on solving the problem for their child.

Discovering that your child is being bullied is very stressful and upsetting. Most parents initially experience anger, confusion and guilt.

Parents shouldn't overreact and need to think carefully about whether what has happened is serious enough to discuss with their child's teacher.

Trying to keep an open mind is important; parents should remember that they are hearing only one part of the story.

Parents should avoid directly approaching any other students who they believe may have been involved in bullying their child. Parents should also avoid trying to sort the issues out with the family involved. This usually doesn't work and makes the situation much worse. Approaching them may also signal to their child and members of the other family that their child cannot deal with a problem.

FROM THE PRINCIPAL

Collect and Write Down Information

Parents should try to obtain as many facts as they can through discussion with their child so that they can identify if there is a repeated pattern. Try to identify and write down:

- what happened;
- who was involved on each occasion;
- where and when these things happened;
- who witnessed each situation;
- did anybody else see it, and, if so, who;
- when the bullying first began;
- what solutions have been tried so far; and
- the names of any teachers who are aware of the problem.

Work with the School to Solve the Problem

Schools take their responsibilities in relation to bullying behaviour very seriously and they have more success when parents work with the school to solve the bullying problem and see the school as an ally.

Once parents have a reasonably clear picture of the situation and the facts they should let their child know they are approaching the school.

Parents should make an appointment with their child's teacher, and not just turn up at school.

At the meeting:

- It is a good idea for parents to make notes of the points they want to make before the meeting.
- It is useful for parents to stay calm and avoid making accusations against the school. If parents become angry, make accusations or demand certain actions, it may make the situation worse.
- Parents should present information in a way that makes it clear to the school that they see themselves and the school as partners in trying to fix this problem.
- It can be helpful to remember that if a parent was not aware that their child was being bullied, then perhaps the child's teachers would not have known about it either.
- Parents can ask about the policies and procedures the school has to deal with bullying.

The school will need time to investigate and to talk to teachers and, perhaps, other students. A follow-up call to see what has been done can be helpful. Alternatively, parents can ask the school when they will contact them.

At the next meeting, parents and the school can establish a plan for dealing with the current situation and future bullying incidents. Children should have some say in the strategies used. Before parents leave, they can ask for clarification about the next steps in the plan.

Follow Up

If a child does not appear to be coping, parents can ask for the school counsellor to become involved. Parents should encourage their child to report any further bullying incidents to a teacher they trust at the school.

What Parents Can Do if their Child is Involved in Bullying

Parents should acknowledge the possibility that their child may be involved in bullying another student. Respond calmly and non-defensively, and commit to working with the school to manage the problem in a helpful way.

A situation can be made worse for a child if parents directly approach the bullied student or their family or try to get other parents to take your child's side.

Parents should see the situation as an opportunity for their child to learn important developmental lessons.

What Parents Can Do to Reduce Bullying at School

Parents should let their children know how much they disapprove of bullying and why.

Any type of bullying at home should be avoided, and respect for others should be modelled and encouraged.

Emphasis should be given to seeing things from another child's point of view.

Supporting any other child who is being bullied should be encouraged.

It is helpful for the school if parents report all incidents of bullying that they are aware of at the school, not just incidents that happen to their own child.

Differences should be respected and embraced rather than ridiculed.

Parents should talk to their child about the qualities associated with caring friendships and discourage them from staying in 'friendships' where they are mistreated or not respected.

FROM THE ASSISTANT PRINCIPAL

MRS BROWN'S FAREWELL

It is with sadness that Mrs Brown is leaving our school community. She has made such a great contribution to all aspects of the school and has played a special part in the life of each and every person in our school community.

We would like to extend an invitation to all members of the St Joseph's community to join us in celebrating the contribution she has made to St Josephs on Thursday 15th September at 12pm in the Community Space for a Liturgy followed by a Sausage Sizzle lunch.

Look forward to seeing you all there.

MINDQUEST ENRICHMENT PROGRAM WEEKEND

MindQuest is an exciting enrichment program designed to challenge and extend gifted and talented primary students from government and non-government schools.

This highly successful weekend program held at St George Girls and Glenwood High Schools is in its sixteenth year of operation.

If you are interested in your child being a part of this program, can you go to the website to get more information or you can obtain a brochure from the school office. <http://www.mindquest.net.au/>

Joanna Delvecchio
Assistant Principal

Congratulations to Mrs Amanda Fenech and husband on the safe arrival of their beautiful baby girl. What a cutie



Barnsley Family

It is with great sadness that I advise the St Joseph's School community of the loss of Mrs Lisa Barnsley. Lisa passed away last Friday, 2nd September, whilst in Westmead Hospital. Lisa will be sadly missed by her husband, John and children, Daniel, Brodie, Brandon, Lucy and Cooper. Please keep the Barnsley family in your prayers.

NEED TO KNOW

The Inclosed Lands Act

Schools are places where parents and community members should be welcomed as partners in education.

However there are circumstances where parents or community member's presence on the school site is problematic.

Situations where principals may consider issuing a notice prohibiting entry include:

- Two parents engaging in aggressive behavior towards one another.
- A parent who approaches other children in an inappropriate way.
- A parent who is unreasonably contacting a teacher, this may just be repetitive and no threatening, including email, phone calls and unplanned meetings. **This includes sporting events and teachers from other schools.**
- A community member is on school grounds without permission.

Local police can be requested a letter which prohibits entry to the school or to school events if the circumstances warrant such action.

ROYAL COMMISSION INTO INSTITUTIONAL RESPONSES TO CHILD SEXUAL ABUSE

The Diocese of Parramatta is required to appear before the Royal Commission into Institutional Responses to Child Sexual Abuse, Case Study 44. This public hearing is expected to begin on Monday 12 September 2016. For more information please refer to the Royal Commission website www.childabuseroyalcommission.gov.au/public-hearings/case-studies

For anyone needing information and support please contact the Diocese of Parramatta information line on (02) 8838 3470. Operational from 03/09/2016 until 07/10/2016, Mon to Fri 7am-10pm, Sat and Sun 9am-5pm.

The Child Protection Information Line 1300 661 015 is available for families who would like more information about protocols or support services in Catholic schools run by the Diocese of Parramatta.

Concerns or allegations about any criminal offence should be reported to NSW Police on 131 444.

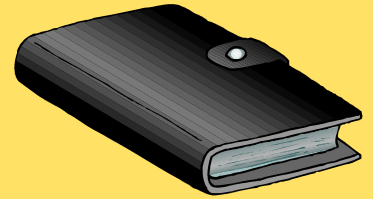
The Diocese of Parramatta is committed to continuously reviewing and improving its child protection policies and procedures. For more information please visit www.safeguarding.org.au

CALENDAR OVERVIEW

2016

Term 3

| | | | |
|----------------|--------------|---------------------|---|
| <i>Week 8</i> | <i>Fri</i> | <i>9 September</i> | <i>Whole School Assembly 1.30pm Year 4 Hosting All welcome</i> |
| | <i>Sun</i> | <i>11 September</i> | <i>Parish Mass 10.30am</i> |
| <i>Week 9</i> | <i>Mon</i> | <i>12 September</i> | <i>BYOD Year 2 parents 6.30pm</i> |
| | <i>Mon</i> | <i>12 September</i> | <i>Responsible Pet Talk Kinder– Year 2</i> |
| | <i>Tues</i> | <i>13 September</i> | <i>Year 1 Liturgy 11am / Year 2 Liturgy 12noon</i> |
| | <i>Wed</i> | <i>14 September</i> | <i>Stage 3 Excursion Imax & Sydney Observatory</i> |
| | <i>Fri</i> | <i>16 September</i> | <i>Stage 3 - Year 12 Graduation Mass 9am / Stage 2 Touch Gala Day</i> |
| <i>Week 10</i> | <i>Mon</i> | <i>19 September</i> | <i>Cuppa with the Principal 8.45am Community Space</i> |
| | <i>Wed</i> | <i>21 September</i> | <i>End of Term Thanksgiving Mass 12noon</i> |
| | <i>Thurs</i> | <i>22 September</i> | <i>Reconciliation Information & Registration Evening 7.30pm</i> |
| | <i>Fri</i> | <i>23 September</i> | <i>Stage 3 Touch Gala Day at St Mary's</i> |
| | <i>Fri</i> | <i>23 September</i> | <i>Whole School Assembly 1:30pm Year 3 Hosting All welcome</i> |
| | <i>Fri</i> | <i>23 September</i> | <i>Term 3 Ends</i> |



Term 4

| | | | |
|---------------|--------------|--------------------|--|
| <i>Week 1</i> | <i>Mon</i> | <i>10 October</i> | <i>Term 4 Commences</i> |
| <i>Week 2</i> | <i>Tues</i> | <i>18 October</i> | <i>Kinder 2017 Information Night 6:30pm</i> |
| | <i>Fri</i> | <i>21 October</i> | <i>Whole School Assembly 1:30pm Year 2 Hosting All Welcome</i> |
| <i>Week 3</i> | <i>Mon</i> | <i>24 October</i> | <i>Children's Mission Liturgy at 12pm with Guest Speaker</i> |
| | <i>Tues</i> | <i>25 October</i> | <i>Stage 2 and 3 Reconciliation at 12pm</i> |
| | <i>Fri</i> | <i>28 October</i> | <i>Trivia Night</i> |
| <i>Week 4</i> | <i>Tues</i> | <i>1 November</i> | <i>All Saints Day in-class Liturgy</i> |
| | <i>Wed</i> | <i>2 November</i> | <i>All Souls Day in-class Liturgy</i> |
| | <i>Fri</i> | <i>4 November</i> | <i>Parramatta Diocesan Gymnastics Competition</i> |
| | <i>Fri</i> | <i>4 November</i> | <i>Whole School Assembly 1:30pm Year 1 Hosting All Welcome</i> |
| <i>Week 5</i> | <i>Fri</i> | <i>11 November</i> | <i>Remembrance Day Liturgy at 11am</i> |
| | <i>Fri</i> | <i>11 November</i> | <i>Kinder 2017 Fun Afternoon 1:30-2:30</i> |
| <i>Week 6</i> | <i>Tues</i> | <i>15 November</i> | <i>Year 2 Excursion to Warragamba Dam</i> |
| | <i>Thurs</i> | <i>17 November</i> | <i>Reconciliation Practice 7:30pm</i> |
| | <i>Fri</i> | <i>18 November</i> | <i>Whole School Assembly Kinder Hosting All Welcome</i> |

FROM THE RELIGIOUS EDUCATION COORDINATOR

St Joseph's Parish Mass

Our Parish School Mass will be held on this Sunday, 11th September at 10.30am at Mary Immaculate Parish Quakers Hill. We invite all students and their families to join us in celebrating the accomplishments of our wonderful school community.

We are inviting students to read at the mass and be a part of the offertory. We are also inviting a parent or student to be the commentator and introduce the mass and the readings. If your family or children are interested in participating, please return the slip below.

Children wishing to participate are asked to wear their full winter uniform to mass.

Please return the slip to the office by Thursday 8th September.

I would like to take this opportunity to thank you for all your support and we look forward to celebrating our school community.

Together We Can.

St Joseph's Parish Mass Sunday 11th September 2016

I would like my child/children _____

from _____ (class) to participate in the mass on Sunday, 11th September at 10.30am.

I would like them to read / commentate / participate in the offertory (please circle one)

I _____ would like to commentate the mass.

Parent/Carer Signature

FROM THE RELIGIOUS EDUCATION COORDINATOR

**St Joseph's
Face of Mercy.**

Week 7's Gospel Action:

Being merciful- to be graciously generous.



**Week 7& 8
St Vinnies' Soup Drive**
During Week 7 and 8 bring in
cans of soup or cup of soup packets
to help feed those in need.



**Together We
CAN!!**



FROM THE RELIGIOUS EDUCATION COORDINATOR

Class Liturgies

Week 9 Tuesday 13th September

Year One @ 11am

Year 2 @ 12 noon

Location: In Class' Learning Space

All parents of Year One and Year Two are invited to join in with their child's class to celebrate God's word.



End of Term Mass

All welcome to our End of Term Mass.

Week 10 Wednesday 21st Sept @ 12 noon

In the Community Space

First Reconciliation For children in Year 3

Reconciliation Information and
Registration night at
Mary Immaculate Parish, Quakers Hill
Week 10, Thursday 22nd September
7:30pm



WAY OF MERCY CELEBRATIONS at St Joseph's

Monday 10th September
Term 4 Week 1
starting at 12:30

All welcome to join our celebrations

Anne Watson
Acting REC

ASSEMBLY AWARDS

| Student of the Week — Week 5 | Student of the Week— Week 6 |
|------------------------------|-----------------------------|
| Meera Dave | Oliver Whiteley |
| Kristian Sultana | Faith Hanchieng |
| Amelia Vincent | Jack Wilkinson |
| Ruby Carroll | Oscar Griffin |
| Lincoln Margo | Susannah Elias |
| Leah Lowe | Cameron Grima |
| Cameron Attard | Imogen Tollis |
| Aiko Granada | Hannah Cvetanovski |
| Matthew Martelli | Isaac Beacroft |
| Cooper Opdam | Billy O'Brien |
| Alexis Caruana | Taeya Hogbin |
| Kenneth Jao | Alana Elders-Gallagher |
| | |

| Gospel Value — Week 6 | Gospel Value — Week 7 |
|-----------------------|---------------------------|
| Chloe Ganchingco | Cara Fredericks |
| Zachary Hogan | Jake West |
| Harley Lockeridge | Ryan Thomas |
| Kiarna Kong | Naomi Sultana |
| Luke Sultana | Mia Macdonald |
| Ty Opdam | Gabby Borazio |
| Levi Bell | Kayla Apap |
| Sierra Griffin | Nicholas McAuliffe-Turner |
| Charlie Liddicoat | Cooper Ellims |
| Natalia Papallo | Chloe Alexander |
| | Chelsea Oliver |
| | |
| | |

Bronze Awards

| |
|----------------|
| Corey Ritchie |
| Madison Ozmun |
| Robson Carrier |
| Kayla Apap |
| Alisha Sultana |
| Cooper Opdam |



SPORTS UPDATE

Diocesan Carnival

Congratulations to the three students who completed last Friday at the carnival. These students competed against all the schools in the Parramatta Dioceses.

Isaac Beacroft finished 14th in the 800m, Brock Richmond finished 5th in the 100m final and Sienna Junkiwicz finished 1st in the Long Jump, 100m and 200m.

Sienna now moves onto NSW Mackillop.

Congratulations to them all on their amazing efforts!!



NEED TO KNOW

School Uniform

Please ensure your children are wearing their full school uniform as the Leadership Team will be performing uniform checks and sending notes home in the coming weeks.

The current modes of communication are:-

Subscribe via St Joseph's Website and receive our Fortnightly Electronic Newsletter on Wednesday even weeks-

A paper copy of the Newsletter is available in the foyer of the school for parents convenience

Skoolbag App
Smartphone school to parent communication

Skoolbag App - download the School Bag App and search for the St Joseph's Primary School, Schofields

St Joseph's Primary School – Community Facebook Page. This is our school's official Facebook page. <https://www.facebook.com/St-Josephs-Primary-School-Schofields> This page is updated regularly and is a site for information regarding the school events etc and celebrations of learning.


St Joseph's Primary School


Term 3, 2016


Eat Fresh: Healthy Body, Healthy Mind!


| SANDWICHES | |
|---|--------|
| AVAILABLE IN WHITE OR MULTIGRAIN WRAP ADD 0.50c TO SANDWICH PRICE | |
| Bread and Butter | \$1.00 |
| Vegemite, Jam or Devon | \$2.00 |
| Tomato or Cheese | \$2.00 |
| Tuna or Egg | \$3.00 |
| Leg Ham, Chicken or Salmon | \$3.50 |
| Salad Sandwich | \$3.50 |
| Lettuce Tomato, Cucumber, Beetroot & Carrot | \$4.00 |
| Salad with Tuna or Ham | \$4.00 |
| Salad with Chicken or Salmon | \$4.50 |
| EXTRAS - Including Toasting | \$0.40 |

| SALAD | |
|------------------------------|------------------------|
| Fresh Fruit Salad Cup | Bowl \$2.50 Box \$4.00 |
| Garden Salad | \$3.00 |
| - With Devon or Ham | \$3.50 |
| - With Salmon or Chicken | \$4.00 |
| Chicken Caesar Salad | \$4.50 |
| Italian or Balsamic Dressing | \$0.40 |

| SNACKS | |
|--|--------|
| Piece of Fruit | \$1.00 |
| Cookies, Delights, Popcorn | \$1.00 |
| JJ Noodles, Jumpy's | \$1.00 |
| Assorted Chips | \$1.30 |
| Smiths, Honey Soy, Grainwaves, JJ Crackers | \$1.50 |
| Riviana Fruit Cup | \$1.50 |
| Gingerbread Man 97% Fat Free | \$1.60 |
| Pauls Screw Top Yoghurt | \$2.00 |
| Fruit Yoghurt Cup | \$2.00 |
| Banana Bread-Slice | \$2.50 |

| DRINKS | |
|---------------------------|--------|
| Juice - Poppers | \$1.50 |
| Plain Milk 300ml | \$1.50 |
| - with Sippah Straw | \$2.20 |
| Pop Top Juice | \$2.00 |
| Bottled Water 600ml | \$2.00 |
| Flavoured Milk Lite 300ml | \$2.20 |
| Iced Tea | \$2.20 |
| Quench Mineral Water | \$2.20 |

| ICE BLOCKS | |
|----------------------------|--------|
| Cool Stix | \$0.50 |
| Frozen Juice Cup/ Icy Mony | \$1.00 |
| Vanilla Ice Cream Cup | \$1.20 |
| Paddle Pop | \$1.60 |
| Slushie Cup | \$2.00 |
| Streets Paddle Pop Cup | \$2.20 |


Crunch and Sip \$2.00
 Piece of Fruit and a Bottle of Water

| HOT FOOD AVAILABLE EVERY DAY | |
|---------------------------------------|--------------------------|
| Chicken Nuggets | \$0.70EA OR 6 For \$4.00 |
| Party Pies | \$1.00 |
| Corn on the Cob | \$1.00 |
| Hash Browns (3) | \$1.50 |
| Garlic Bread | \$2.00 |
| Hot Dog with Sauce | \$2.80 |
| Chicken Fingers x 8 | \$3.50 |
| Sausage Roll-Lite | \$3.00 |
| Traveller Pie-Beef | \$3.50 |
| Pancakes (2) | \$3.50 |
| Plain or Chocolate Chip | \$4.00 |
| Nachos | \$4.00 |
| Vegetarian Wrap with Lettuce & Tomato | \$4.50 |
| Lentil Wrap with Lettuce & Tomato | \$4.50 |

Eat Fresh!
 SUSHI ROLL (available Tue, Wed, Thur) \$3.50
 Gluten and Dairy free (available without seaweed)
 Teriyaki Chicken, Chicken Schnitzel, Tuna
 All served with cucumber
CHICKEN SALAD RICE PAPER ROLLS \$3.50
 2 for \$6.00
CHICKEN BURGER \$3.80
BEEF BURGER WITH SALAD \$3.80
 Add Cheese \$0.40
LASAGNE \$3.90
POPCORN CHICKEN SALAD BOWL \$4.00
 Lettuce, Tomato, Cucumber, Carrot
HOMEMADE SPAGHETTI BOLOGNESE \$4.00
HOMEMADE MACARONI AND CHEESE \$4.00
CAESAR WRAP \$4.50
 Chicken Schnitzel, Lettuce, Bacon, Parmesan
 Cheese, Caesar Dressing

PLEASE NOTE

★ Recess orders are to be **PICKED UP FROM THE CANTEEN.**

★ All ICE CREAMS ordered with lunch are given out when the **LUNCH BAG IS RETURNED TO THE CANTEEN.**

Order Your Lunch Online

Orders can be placed before 9:00am at:
www.flexischools.com.au





Road to Rio 2016 Term 3 Meal Deals



RIO - Home of the Olympics 2016 - Monday 18th July – Friday 5th August

- Meal Deal 1
- Salad Roll
 - Juice Popper
 - Fresh Popcorn



- Meal Deal 2
- Sweet Chilli Tender Wrap
 - Pop Top Juice
 - Zooper Dooper Ice Block

AUSTRALIA – Aussie, Aussie, Aussie GO! GO! GO FOR GOLD! – Monday 8th August – Friday 26th August

- Meal Deal 1
- Egg & Lettuce Sandwich
 - Bottle of Water
 - Orange Wedges



- Meal Deal 2
- Traveller Pie
 - Juice Popper
 - Snappy Ice Block

USA – Competitive Olympic Medallists – Monday 29th August – Friday 9th September

- Meal Deal 1
- Ham, Cheese & Tomato Sandwich
 - Pop Top Juice
 - Philadelphia Cheese and Crackers



- Meal Deal 2
- Hot Dog with Sauce & Cheese
 - Quench Blue Mineral Water
 - Homemade Cookie

HONG KONG – Home of the 2020 Olympics – Monday 12th September – Friday 23rd September

- Meal Deal 1
- Chicken & Lettuce Roll
 - Bottle of Water
 - Banana



- Meal Deal 2
- Homemade Noodles in Honey Soy Sauce
 - Plain Milk with Sippah Straw
 - Frozen Juice Cup

PARENT GROUP INFORMATION—Save the dates

ST JOSEPH'S PRIMARY SCHOOL

MOVIE NIGHT

AT READING CINEMAS, ROUSE HILL

ON: Monday 19 September

Time: 6.30 pm (movie to start)



TICKET PRICES: \$13.00 each

FOOD PACKAGE COMBOS: (S) \$6.00 , (M) \$8.00, (L) \$10.00

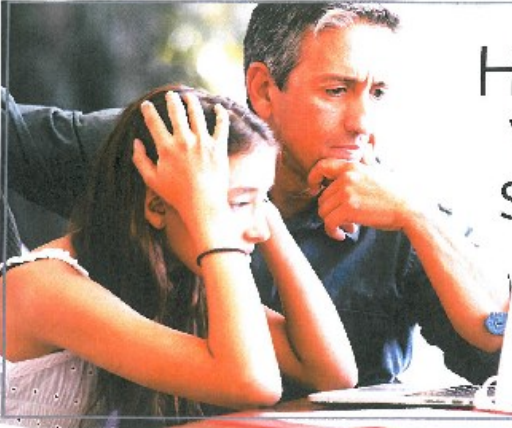
RSVP: Friday 9 September (bookings close this day)

Friday 28 October Trivia Night

Saturday 5 November Shopping Trip



NEED TO KNOW



How to keep your child safe online

TIPS FOR PARENTS

Here are some tips for parents to keep your child safe online

BE SAFE

- Be aware of how your child uses the internet and explore it with them
- Set rules and monitor to make sure your child knows what information they can share or post online and which websites they can visit
- Teach your child to tell a trusted adult if they find uncomfortable about something they have found on the internet or received in an email
- Discuss with your child the importance of keeping personal information private. This sort of information can be used to identify or locate where they live, go to school or activities in which they are involved

BE RESPECTFUL

- Talk to your children about cyberbullying. Online communication should be respectful and respectful
- Children and adolescents who are being cyberbullied sometimes change their behaviour. If you are concerned they might be a victim of cyberbullying, talk to them and let them know you are concerned. Arrange to talk to a teacher or school counsellor
- Advise your child not to respond to any negative messages and to keep evidence. Tell them to report any negative messages they receive to you or another trusted
- Children and their parents can contact social media companies and ask for defamatory material to be taken down. If the material is not gone within 48 hours, a complaint can be lodged with the Office of the Children's eSafety Commissioner at www.esafety.gov.au

BE RESPONSIBLE

- Consider using anti-virus and controls on your digital devices and home network to manage your children's online access. Keep your virus protection up to date
- Talk with your child about being careful when downloading files or clicking on links. Some files or links may be harmful viruses or trying to obtain personal information
- Certain online activities (downloading illegal videos or music, plagiarism, sexting, identity theft, 'flaming' or 'flouting') are illegal and can result in criminal charges

For more information visit: www.esafety.gov.au
<http://onlineigitalrelationships.gov.au/for-parents.html>

CYBERWISE BE SAFE BE RESPECTFUL BE RESPONSIBLE

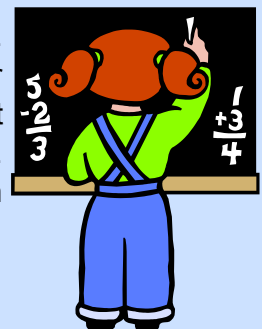
Catholic Education Diocese of Parramatta

Second Hand Uniform Shop

Open Monday mornings 8.30-9.00am or contact Tina on 0417457417

KINDERGARTEN 2017

We are now accepting Enrolment application forms for Kindergarten 2017. Interviews have commenced. If you have a child or know of a child who will be 5 or turning 5 by 31st July 2017 and the parents are interested in becoming part of the St Joseph's community, you can pick up an enrolment package from the school office. Positions are filling so if you haven't put your form in you will need to do so as soon as possible to ensure you don't miss out



NEED TO KNOW

BUILDING CHILD SAFE COMMUNITIES – NEW FORMS FOR ALL VOLUNTEERS AND CONTRACTORS

'Building Child Safe Communities' is a new initiative developed by Catholic Education Diocese of Parramatta that enhances our commitment to ensuring the safety and wellbeing of all students in our care. It is now a requirement that all volunteers and contractors complete an online undertaking form that confirms expectations in relation to behaviour whilst volunteering or contracting at schools, Catholic Out of Schools Hours Care and Catholic Early Learning Centres. This undertaking form also seeks to determine the suitability of volunteers and contractors by requiring them to declare that they do not have a criminal history involving children.

Volunteers – please click on '[Building Child Safe Communities – Undertaking for Volunteers](#)' or access the form via the Catholic Education Diocese of Parramatta public webpage <http://www.parra.catholic.edu.au>, then click on 'Child Protection Training Forms' (halfway down page on the right hand side).



Then click on '[Volunteer Form](#)' (halfway down page).

You will receive a confirmation email once the form has been submitted. Your details are maintained confidentially in a central database and a copy of your confirmation is emailed to the location where you are volunteering.

Contractors – please click on '[Building Child Safe Communities – Undertaking for Contractors](#)' or access the form via the Catholic Education Diocese of Parramatta public webpage <http://www.parra.catholic.edu.au>, then click on 'Child Protection Training Forms' (halfway down page on the right hand side).



Then click on '[Contractor Form](#)' (bottom of page).

You will receive a confirmation email once the form has been submitted. Your details are maintained confidentially in a central database and a copy of your confirmation is emailed to the location where you are contracting.

A new form is required:

For each location that you are a volunteer or contractor
If any of the details you have provided on the form change

We thank all volunteers and contractors for their continued support of Catholic Education.



1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

*Learn to manage difficult behaviour in children
2-12 years old*

A three-session program for parents and carers.

**Venue: Blessed John XXIII Catholic Primary, Stanhope Gardens
Perfection Ave, Stanhope Gardens. Tel: 9852 0500**

Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

Parents will receive:

- A 1-2-3 Magic & Emotion Coaching Parent Workbook

Registration Fee?

The course costs \$10 (per parent or per couple), which covers the cost of the Parent workbook

Register for this course contacting J23 Stanhope School Office on 9852 0500

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grow out of control

- An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au



1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

*Learn to manage difficult behavior in children
2-12 years old*

**Venue: Blessed John XXIII, Stanhope Gardens
Perfection Ave, Stanhope Gardens Tel: 9852 0500**

The Catholic Education Office Diocese of Parramatta together with Blessed John XXIII Catholic Primary School, are pleased to offer parents and carers in our Diocese, the 1 2 3 Magic and Emotion Coaching course.

The course is 3 sessions and will be run on the following dates:

| | | |
|-----------|-----------|---|
| Session 1 | 6pm – 8pm | Wednesday 26 th October 2016 |
| Session 2 | 6pm – 8pm | Wednesday 2 nd November 2016 |
| Session 3 | 6pm – 8pm | Wednesday 9 th November 2016 |

Course Facilitators: Lisa Bow & Anoushka Houseman

Cost is \$10 per parent/couple/carer(s) to cover the cost of the parent workbook (only one required per family). This workbook will be available for purchase on the night.

Register by calling John XXIII school office on 9852 0500

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

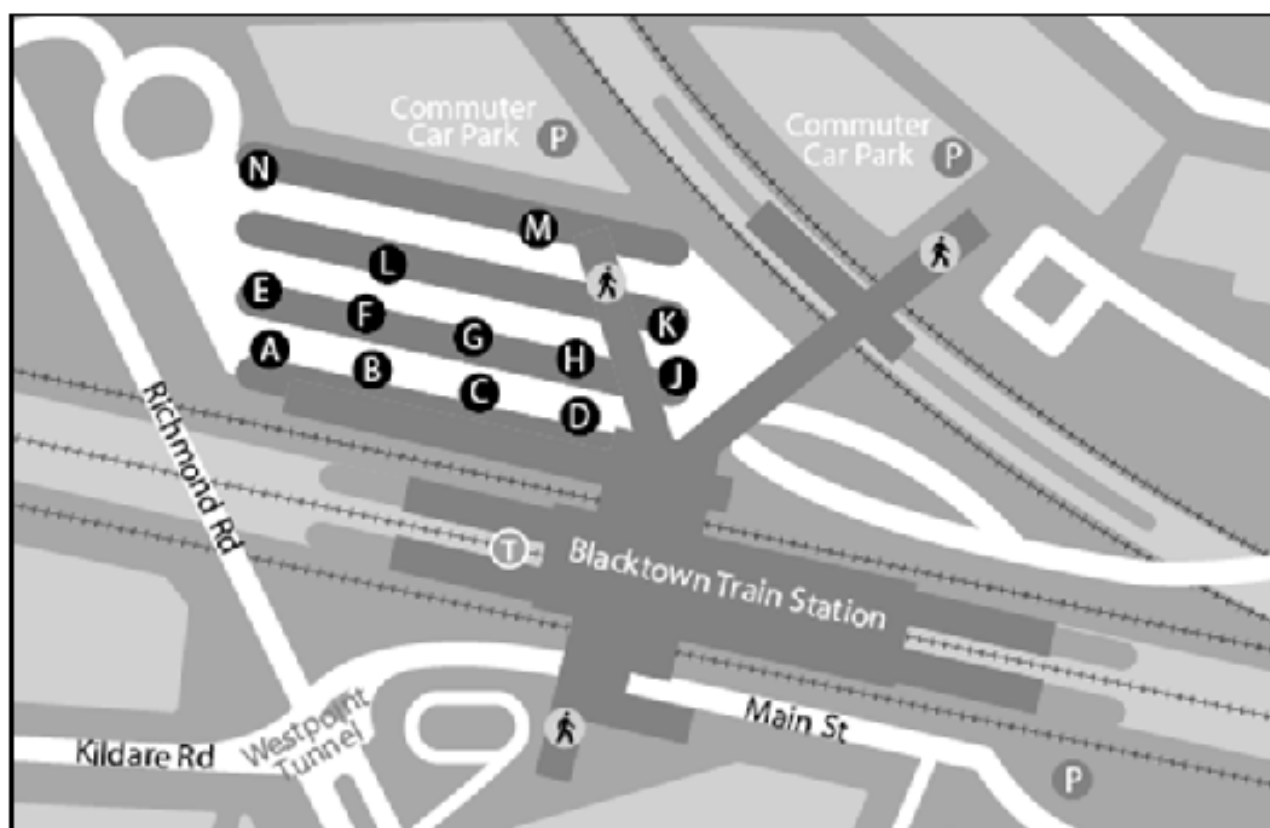
This course is being run by a Parentship® licensed practitioner: www.parentship.com.au

1st September 2016

SCHOOL BUS 6017 AM SERVICE

Dear Parents and Students,

Commencing Monday 19th September 2016, School Bus 6017 will depart Blacktown Interchange from Bus Stand A.



There are no other changes to this service.

For further information please contact Busways Customer Service on 9497 1870 or 9497 1887.
Alternatively visit our website at www.busways.com.au

Yours sincerely,

BUSWAYS BLACKTOWN PTY LTD
(1416i) SB 6017 190B

Busways Blacktown P/L
ABN 85 000 173 432

T (02) 9675 8300
F (02) 9675 4703

150 Glenfield Rd
Glenfield NSW 2161

Busways Blacktown P/L
Penrith Depot

T (02) 4771 9000
F (02) 4772 6100

42-43 Millers Rd
Penrith NSW 2750

Busways Blacktown P/L
Winburra Depot

T (02) 4574 9200
F (02) 4577 9064

91 Mulgrave Rd
Mulgrave NSW 2750

Busways Gosford P/L
ABN 79 817 812 619

T (02) 4368 2277
F (02) 4368 2077

42 Empire Bay Dr
Kincumber NSW 2251

Busways Wyong P/L
ABN 17 000 044 725

T (02) 4392 6066
F (02) 4392 5331

9 Arizona Rd
Wongarah NSW 2259

Busways North Coast P/L
ABN 75 106 202 340

T (02) 5583 2499
F (02) 5583 2388

6-8 Denham St
Port Macquarie NSW 2444

St Bernadette's Castle Hill

St. Bernadette's
60th
ANNIVERSARY CELEBRATION

Please join us
22ND OCTOBER 2016

Novotel Sydney, NorWest

1 Columbia Court, Baulkham Hills

6:30 – 11:30pm

\$75 per person

Includes food, beverages and entertainment.

BOOKINGS: www.sbchpf.com
ENQUIRIES: sbchpf@gmail.com



Past students, teachers, families, friends and parishioners all welcome

**PRIVATE PIANO LESSONS IN
SCHOFIELDS**



Glozzvegas Creative Services

Learn from an award winning Pianist trained at Germany's largest Music University.

Learn in a professional studio space complete with a Yamaha C7 concert grand piano and a state of the art music programming booth.

Enrolment in and preparation for AMEB examinations (grades 1-8)

Learn from home!!! GCS also offers a call out service for a small additional fee. (within 20 km's of Schofields)

GCS can source sheet music for discount rates.

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Choose from a variety of different styles. I teach Classical, Jazz, Rock, Pop, Electronic Music and much more.

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I also offer professional recordings for pianists at a minimal fee.

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for further information including list of credentials, enrolment forms and payment plans please contact me at:

louisstapleton@yahoo.com.au